

September 2009

Sept. 30, 2009

Paganism (Past, Present & Future)

...a brief historical overview (the past) and what it means to be part of an Earth-Centered tradition (the present) ;looking forward to a time when saying "pagan" as spiritual affiliation is accepted.

Oct.7, 2009

Creating Sacred Space

...the how's and whys of setting up altars and meditative places in our homes & in our lives; the use of gemstones and other elements and what it means to "cleans" a space.

Oct.14, 2009

Honoring Those Who Have Gone Before

...exploring the idea why (and how) the long-ago dead still have impact in our lives and why Ancestor Worship is such a crucial aspect of every pagan tradition.

Oct.28, 2009

Celebrating the Wheel of the Year

...an overview of why certain dates are celebrated and where Halloween fits in .

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Ashara Yvonne Watkins is an aborisha (worshipper of the Orisha) in the Lucumi tradition, a longtime Pagan, a Unitarian Universalist and a student of many metaphysical & healing traditions, including the Tarot, Reiki, Huna, indigenous herbalism and shamanism. She loves reading, cooking, painting & decorating, and growing things. She is a founding member of Triad CUUPS in Greensboro, NC; the Path of the Moon collective in Winston-Salem, NC and SeaDune Spirits CUUPS here at UUSDBA.

About CUUPS:

CUUPS stands for Covenant of Unitarian Universalist Pagans. It has been in existence within the UUA framework for twenty-plus years. The national website is www.cuups.org and explains the history and goals far better than any one person could...there are also lovely pictures of the CUUPS ritual at Salt Lake City GA !